“The greatest wealth is health.” -Virgil

Improving the health of our communities is a priority of the Allen County Commission. We define health broadly: physical, mental, social, economic. We have made health a priority because we know that a HEALTHY community is a STRONG community.

Residents in rural America suffer from too many health challenges related to sedentary lifestyles, tobacco use, and poor diets. But it doesn’t have to be this way. By working together, across sectors and communities, we can make changes in policies, systems and environments that make life better not only for this generation, but also for generations to come.

We encourage ALL Allen Countians to take advantage of our county’s 20+ miles of new trails; farmers’ markets and fresh produce; tobacco cessation resources; community garden plots; physical activity classes and programs; hundreds of miles of sidewalks; the GROW Food and Farm Policy Council; or do anything that allows you to experience the unlimited fresh air and blue skies that our corner of the world has to offer!

By working together, WE CAN create a culture of health in Allen County.

For more information on efforts to create a culture of health in Allen County, we encourage you to visit Allen County Regional Hospital, Southeast Kansas Multi-County Health Department, Southeast Kansas Mental Health Center, and Thrive Allen County.